

THERAPIST REFERRAL LIST

Lori Allen

Designed with Purpose (Addiction and Grief Counseling)
Licensed Clinical Chaplin
Phone 858-752-4535
Www.designedwithpurposesd.com
2423 Camino Del Rio South, Mission Valley, 92108

RCA Counseling (General Christian Therapy, sexual integrity, family, etc.)

<https://rcacounseling.com>
2333 Camino del Rio South, #250, San Diego, CA 92108
Phone 619-298-8722

Potentia Therapy (Trauma, anxiety, food, body issues, and shame/perfectionism struggles)

Chris Cessna, LMFT
Licensed Marriage & Family Therapist
www.potentiatherapy.com
619.819.0283, 3160 Camino del Rio S #304, San Diego, CA 92108

Ashley Duffy Counseling, LCSW (Eating disorder, anxiety, depression, body image, self esteem)

www.ashleyduffycounseling.net
2423 Camino Del Rio S. San Diego 92108
619-491-7005 info@ashleyduffycounseling.com

San Diego Institute for Couples & Families

2831 Camino del Rio South #201, San Diego, CA 92108

Alair Olson, M.A. (child therapist)

Marriage & Family Therapist Registered Intern #64736
Supervised & Employed by Kathryn de Bruin, LMFT MFC #43615
10065 Old Grove Road, Suite 102, San Diego, CA 92131
858.634.0302 www.alairolson.com

Andrew Last Family Counseling

<http://www.familytherapysandiegoca.com>
619.272.1522

Soul Care House

www.soulcarehouse.com
Marriage Family Therapists

Restoration Counseling Team (Family and emergency response)

Dr. Troy Vander Zwart
3435 Camino Del Rio S, Ste 205, San Diego, CA 92108
p: (858) 6922095