
Ice Breakers

Goal: One goal as a group leader is to get people interacting from the beginning of the group meeting. One way to get people talking is through ice breaker conversations. Here are some questions and topics you can bring up to get people talking.

Guiding Principle: In order for people to feel safe, they need to feel like there is a connection/chemistry with others in the group. Meaning they can begin to trust others because they have a common understanding and reference points about life. We want them to think, “that person gets me”.

Ice Breakers (a variety of surface, funny, random and serious)

- What is the greatest adventure you've ever been on?
- What was/is your favorite subject in school?
- Which meal do you most enjoy eating out?
- As a child, what did you want to be when you grew up and how does that relate to what you do now.
- People might be surprised to know that I...
- What day in your life would you most like to relive?
- Who is the most famous person you've ever known or met?
- What's the story behind the longest time you've gone without sleep?
- If you could meet any person, alive or passed, who would it be and why?
- If you had a time machine that would work only once, what point in the future or in history would you visit?
- If you could go anywhere in the world, where would you go?
- If your house was burning down, what three objects would you try and save?
- If you HAD to give up one of your senses (hearing, seeing, feeling, smelling, tasting) which would it be and why?
- If you were an animal, what would you be and why?
- Favorite kind of pet? Why?
- Name a gift you will never forget?
- Name one thing you really like about yourself.
- What's your favorite thing to do in the summer?
- What is the hardest thing you have ever done?
- What was the best thing that happened to you this past week?
- If you had this week over again what would you do differently?
- What is the first thing that comes to mind when you think about God?
- What's the weirdest thing you've ever eaten?
- What would your dream job be?
- If you had to be allergic to something, what would it be?
- If you sat down next to Jesus on a bus, what would you talk about?

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- If money and time was no object, what would you be doing right now?
 - If you had one day to live over again, what day would you pick?
 - If you could learn any skill, what would it be?
 - If you were sent to live on a space station for three months and only allowed to bring three personal items with you, what would they be?
 - If you could buy a car right now, what would you buy?
 - What was the first thing you wanted to be when you were young?
 - What is your favorite amusement park ride?
 - Three words to describe yourself.
 - What was one of the worst things you did as a child and what was the consequence?
 - If you could invent something to make life easier, what would it be and why?
 - Where do you see yourself in five years?
 - If you had five minutes to clean before an important guest arrives what would you clean?
 - Everybody writes their name on a piece of paper. Put it in a pile. Pick up a different name. Write how you appreciate that person.
 - Everybody writes their name on a piece of paper. Put it in a pile. Pick up a different name and choose a color and mark the piece of paper with that color. Tell why that color.
 - What is your 'weather forecast' for the week?
 - Write three words to describe yourself. Do not put your name on it. Throw in a pile. Leader picks up each paper, reads and the group guesses who it is.

Some websites:

<http://www.icebreakers.ws>

<http://www.thesource4ym.com>